



## Testimonials from participants in the

### « Exploring Life in Organizations - the Good, the Bad and the Ugly » Conference June 2015

« The IGRO conference provided an incredible platform for learning. The diversity of attendance allowed me to discover, negotiate and exchange a wide variety of views. The staff has been innovative in its design which let me explore my “group relation in the mind” and my reaction to change and creativity. I have had further insights about my followership and leadership and how I am taking it up or avoiding it! It also gave me insight about my unconscious and ambivalent relationship with management and authority. The application group allowed me to link the learning of these four days back into the “real world” and I am confident that new insight and learning will continue as a result of this conference. Overall it did what was on the tin, I have seen the good the bad and the ugly! »

*Christian Annarumma*

« I found the course very beneficial and it deepened my learning around how organisations work, the real problems around communication, what's said, what's interoperated! I have learned the importance of clear communication, self reflection. I would recommend this course to anyone working within an organisation. It gives one a much clearer insight. »

*Nollag Cullinan*

« I was struck by a few things during the IGRO conference. First of all I came with a lot of curiosity but also with some scepticism and doubts. After 48 hours I found myself completely absorbed in the group process, all doubts and cynicism were a thing of the past. And so were the world and my life outside. The personal learning through experiencing was tremendous and at times overwhelming. I was reminded of the great forces a group has on all of us for good and for bad. I find myself fascinated with the unconscious processes going on in the group and of course in myself. I feel deeply grateful towards all staff members and for the opportunity. »

*Dorit Poggrund Hay*

« I found the conference really beneficial in so many ways. Even though the week was challenging and tough going, it never felt unsafe. The fact that the unconscious was addressed, the unspoken spoken, felt so much more real, connected and meaningful than the groundless, disconnect that we can feel in day-to-day life. The various group events and the different sized groupings ensured that we were offered the widest experience possible from the week, and the facilitators were really tuned-in to the needs of the groups and individuals. Recognizing that we each have our own authority, and understanding that it is this that should direct how we are in the here-and-now, seems quite obvious; but the experience of this gave it real meaning and power. There were many moments throughout the week that touched something very real that I feel I will carry with me. »

*Martha*